

BLAST INJURY

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Blast injury

- From being struck by material thrown by the blast
- From being thrown by the blast
- Injuries to hollow organs, including the lungs, caused by the shock wave from the blast = life-threatening breathing emergencies.

First aid for a blast injury affecting breathing

- ESM (scene survey) and if person is injured because of a blast you should suspect a head or spinal injury therefore, prevent any movement.
- Make sure the casualty is rested in a semi-sitting position if there is no suspected head or spinal injury. Send for medical help.
- Monitor breathing and if ineffective, give assisted breathing. If breathing stops, give AR.
- Give first aid for shock.
- Give person care until medical help arrives