

INEFFECTIVE BREATHING

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Pneumothorax is the result of an injury where the air gets into the chest cavity. This can cause one or both of the lungs to collapse, which is a life-threatening breathing emergency. If air gets into the chest cavity through an open wound, the wound is called a penetrating chest wound. Bloodstained bubbles may appear around the wound when the person exhales.

First Aid for ineffective breathing

For the cause of the breathing emergency like;

- Sealing a chest wound
- Supporting an area of broken ribs
- Positioning the casualty to make breathing easier
- If none of these work give the person assisted breathing.